

SCOTTISH ATHLETICS FEDERATION



**NATIONAL VETERANS
CROSS COUNTRY
CHAMPIONSHIPS**

CUMNOCK

SATURDAY 4th MARCH 2000

Women 6,400 Metres	1.30pm
Men 10,000 Metres	2.15pm

Sponsored by



East Ayrshire
COUNCIL



East Ayrshire COUNCIL

East Ayrshire Sports Council is funded by East Ayrshire Council and was formed on 22nd April 1996.

It aims to :-

Promote and develop an interest and participation in sport within the East Ayrshire Area.

Co-ordinate the work of the various sports clubs and organisations within the area.

Promote or support competitions, championships and other social events.

Assist local, organisations or individuals to arrange courses for the improvement of personal performance or training of coaches or referees.

Assist in the formation of sports clubs or organisations.

Publish and distribute up-to-date information on local sports clubs, organisations, activities and facilities.

Foster sport for people with special needs by promoting equality of opportunity within all sports clubs.

The Committees of Sports Council are made up of the individuals from the voluntary sports clubs within the area and are supported by officers of East Ayrshire Council.

If you require any further information about the Directory, Affiliation to the Sports Council or you are interested in starting up a sports club contact the Secretary on (01563) 576722

SCOTTISH ATHLETICS FEDERATION OFFICE -BEARERS

Hon President	W.M.Campbell C.B.E. Q.C. M.P.
President	Mrs Joan Watt
Chief Executive	David Joy

ROAD RUNNING AND CROSS COUNTRY COMMISSION

Convener	Sandy Robertson (Troon Tortoises)
Vice Convener	Marjory Cook (City of Edinburgh AC)
Hon. Secretary	Brian Goodwin (Bellahouston H.)
Finance Officer	Duncan McLaren (Penicuik H.)

OFFICIALS

Referee	<u>Jim Young</u>
Clerk of Course	<u>Matt Herbertson</u>
Judges	<u>Alan Potts</u> (Chief) George Spence
Recorders (Time)	<u>Molly Wilmoth</u> , <u>Margaret Daly</u>
Recorders (Places)	<u>Danny Wilmoth</u> , Jean Youden, Mary Morland
Timekeepers	<u>Duncan McLaren</u> (Chief) <u>Bill Beattie</u> , Graham Sword
Starter	<u>Sandy Robertson</u>
Announcer	<u>Bob Gray</u> , Tom Climie
Declarations	Anne McManus, Chick Forbes, Dave Campbell, Ron Cheyne
Results	<u>Peter Jackson</u> , <u>Jen Jackson</u> , <u>Marjory Cook</u>
Course Marshals	<u>Kenny Phillips</u> , <u>Bob Reid</u> , <u>Ron Cheyne</u>
Presentations	<u>Fiona Herbertson</u>
Programmes	<u>Heather Jackson</u>
Reception	<u>Sandy Robertson</u> , <u>Marjory Cook</u> , <u>Brian Goodwin</u>
Convener	<u>Jim Morton</u>

The Scottish Athletics Federation thanks the following for their assistance in running to-days event

East Ayrshire Council

Cumnock and District AC

Road Running and Cross Country Commission

I am delighted to welcome you to Ayrshire and to Cumnock for to-days Championship races. Our sport is truly wonderful in that so many of us have been competing for many years, as juniors, seniors and now as veterans and yet the pre-race anticipation and the race itself still have a great attraction. Long may you continue to compete. Please show your thanks to Convenor Jim Morton and all those concerned who have worked over the past weeks to ensure the success of to-days races.

Sandy Robertson Convenor

Veteran Women

Declarations Close- 1.00

1999 Winner- Trudi Thomson (Pitreevie AAC)

Race Starts - 1.30

1999 Team - Shettleston Ladies H

Aberdeen AAC Colours: White with 2 red hoops
 265 Sonia Armitage (35) 266 Carol Jean Smith (35) 267 Chris Mowatt (40) 268 Laura Mahady (40)
 269 Ulli Simpson (40) 270 Kathryn Mearns (40)
Annan & District AC Colours: Yellow Vest/Black Shorts
 271 Caroline Legg (35) 272 Elizabeth Myatt (45)
Anster Haddies Colours: Yellow Vest
 273 Hazel Bradley (45)
Ayr Seaforth AAC Colours: White with Red Diagonal Cross
 274 Elizabeth Boyd (40)
Central AC Colours: Yellow and Blue
 275 Jane Waterhouse (45)
City of Glasgow AC Colours: Royal Blue with Green Panel
 276 Susan Finch (35) 277 Celia Thompson (40) 278 Sandra Campbell (40)
Fife AC Colours: White with Red Band
 279 Phyllis Lemoncello (50)
Gala Harriers Colours: White with Green Band
 280 Karen Renton (35) 281 Patricia Affleck (40) 282 Paulette Ashford-smith (35)
 283 Leanne Haining (35)
Giffnock North AAC Colours: Amber with Royal Blue Hoop
 284 Doleen Galbraith (35)
Hunters Bog Trotters Colours: Brown
 285 Debbie McDonald (40) 286 Alison Sutherland (35) 287 Caroline Lawless (40) 288 Aileen Wood (40)
Irvine AC Colours: Red with Black Trim
 289 Alison Scott (35) 290 Jacqueline Byng (55) 291 Helen Morton (40)
 292 Elizabeth Mc Garry (45)
Kirkintilloch Olympians Colours: Sky Blue with White and Black Hoops
 293 Ada Stewart (35) 294 Anne Flynn (40)
Kwik Fit Corstorphine AAC Colours: White with Black Trim
 295 Sharon O'Brien (35) 296 Susan Aitken (40)
Lasswade AAC Colours: White with 2 Blue Bands and Red Band
 297 Addy Gerrard (40)
Motherwell AC Colours: Red with White edging
 298 Phyllis Hand (40)
Pitreevie AAC Colours: Navy/Yellow/White
 299 Lynne Marr (35) 300 Trudi Thomson (40) 301 Mary Lamont (40)
Shettleston Harriers Ladies Colours: Blue with Yellow Band
 302 Frances Florence (40) 303 Lynn Harding (35) 304 Anne-marie Hughes (35)
 305 Elaine Mcbrinn (35) 306 Elaine Mackay (35) 307 Pamela Mckay (35) 308 Eileen Reid (40)
Victoria Park AAC Colours: Blue and White Hoops
 309 Dianne Montieth (45)
Westerlands CCC Colours: Yellow with Black "W" on Back
 310 Muffy Calder (40) 311 Patricia McLaughlin (45) 312 Elspeth Scott (35)
 313 Christine Menhennet (40)



The Scottish Athletics Federation now have an internet site at www.saf.org.uk. It includes a fixture list, information on events, bulletin board, an online copy of PB and a results section.

Veteran Men

Declarations Close- 1.45

1999 Winner- Keith Varney (Metro Aberdeen RC)

Race Starts - 2.15

1999 Team - Ron Hill Cambuslang

Aberdeen AAC Colours: White with 2 red hoops
 1 David Armitage (45) 2 Francis Duguid (50) 3 Meldrum Edwards (55) 4 Kenneth Hogg (50)
 5 Alistair Leiper (40) 6 Neil Murdock (50) 7 David Oliver (45)
 8 Christopher Simpson (50) 9 Peter Sim (45) 10 Michael Greaves (50)
 11 Stephen Cassells (40) 12 Ian Williamson (45) 13 William Scullion (55)
Annan & District AC Colours: Yellow Vest/Black Shorts
 14 Alan Legg (40) 15 John Murphy (40)
Anster Haddies Colours: Yellow Vest
 16 Allan Gibson (45) 17 Bill Hutchinson (45)
Ayr Seaforth AAC Colours: White with Red Diagonal Cross
 18 Iain Baird (45) 19 Patrick Kelly (55) 20 A Law (45)
Ayrodynamics Triathlon Club
 21 Tom Reid (40)
Bellahouston Harriers Colours: Dark Blue with Light Blue Cross
 22 Campbell Joss (45) 23 Ronald Bruce (40) 24 Hugh Gallacher (45) 25 Iain Burke (50)
 26 Jeremy Garnett (40) 27 John Taylor (60)
Calderglen Harriers Colours: Amber and Black Vertical Stripes
 28 Alexander Muir (55) 29 Roderick Shanks (50) 30 Andrew Henderson (45)
 31 Malcolm Buchanan (50)
Calne RC Colours: Purple
 32 Brian Gardner (40)
Carnethy Hill RC Colours: Yellow with Red letters
 33 Robin Morris (50) 34 William Mykura (40) 35 Andy Spenceley (40)
 36 John Blair-Fish (45) 37 Brian Waldie (60)
Central AC Colours: Yellow and Blue
 38 George Mchardy (45) 39 John Dickson (50) 40 James Drummond (45) 41 William Gault (50)
City of Edinburgh AC Colours: White with one Blue, one Black Hoop
 42 Duncan Baker (40) 43 Zenon Bankowski (50) 44 William Begley (50)
 45 Robert Cockburn (50) 46 Martin Craven (55) 47 William Gallagher (50)
 48 Andrew Griffiths (45) 49 Richard Hope (40) 50 Brian Howie (45) 51 Leslie Kay (50)
 52 Colin Laidlaw (40) 53 Alex McEwan (45) 54 John Macinnes (50)
 55 Murdo Macleod (50) 56 Walter McCaskey (65) 57 Peter Paterson (45) 58 Alan Shanley (40)
 59 Charles Smith (45) 60 Robert Stevenson (40) 61 Eric Stevenson (50)
 62 Trevor Weavers (45)
Clydesdale Harriers Colours: White with Black "C"
 63 John Hanratty (45) 64 Murray McDonald (45) 65 Robert Young (55)
 66 Brian Edridge (55) 67 J Shields (50) 68 Clifford Brown (40)
 69 Bobby Rossborough (40) 70 Gerald Kennedy (45) 71 Peter Rudzinski (45)
 72 Laurence Pearson (55) 73 Philip Dolan (45)
Cumnock & District AC Colours: Black with Red Diagonal Band
 74 Peter Smith (45)
Dumfries Running Club Colours: White with Maroon and Sky blue Hoops
 75 Douglas Brown (40) 76 James Grierson (40) 77 Tony Davers (55) 78 Leslie Hill (40)
Dunbar Running Club Colours: White with Green Diagonal
 79 Joe Bourhill (60)
Dundee Hawkhill Harriers Colours: Blue and White Quarters
 80 Stuart Kerr (40) 81 Gordon Watson (45) 82 Craig Ross (40)
 83 Stephen Borland (40) 84 Charles Haskett (40) 85 David Hanlon (40)
 86 Jonathan Whitehead (40) 87 Charles Love (55) 88 Stephen Cromar (60) 89 Allan Stewart (50)
 90 Eddie King (65) 91 James McGregor (50)

MAIN ROAD

ST JOSEPHS

CAR PARK

START

RUGBY CLUB HOUSE

RUGBY PITCH

TRACK

FINISH

GRASS BANK

Start
Time

2.15pm MEN : 4 LARGE LAPS (B + A)

1.30pm FEMALES : 1 SMALL LAP (A) + 2 LARGE LAPS (B + A)

BRIDGE TO
SCHOOL

GRASS BANK

RUGBY PITCH



East Ayrshire
COUNCIL



East Kilbride AAC Colours: Gold with 2 Black hoops
92 Edgar Ramage (40) 93 Gordon Colvin (40) 94 Andrew Turnbull (55)

Falkirk Victoria Harriers Colours: Black with Gold Band
95 Douglas Gillespie (40) 96 John Martin (40) 97 Paul McKerracher (40) 98 David Murray (40)

99 William Higgins (40) 100 William Day (50)

Ferranti AAC Colours: Yellow with Black letters
101 Malcolm Fraser (45) 102 John Gavin (45) 103 Alexander Jackson (50) 104 James Shaw (60)

105 Keith Weston (50)

Fife AC Colours: White with Red Band
106 Graham Bennison (50) 107 Douglas Gunstone (45) 108 Mitch McCreadie (45) 109 Philip Grist (45)

110 George Black (60)

Forres Harriers Colours: Red
111 Doug Cowie (45)

Gala Harriers Colours: White with Green Band
112 Robin Murray (40) 113 Jack Knox (55) 114 James Paxton (45)

115 David Wardman (50) 116 Graham Capper (40)

Garscube Harriers Colours: White with Blue Band
117 Stephen Cullen (40) 118 John Dryden (50) 119 Iain Dunn (45)

120 David Geddes (40) 121 Stuart Irvine (50) 122 Peter McGlynn (50) 123 Paul Clark (45)

124 Ronald Keith (40)

Greenock Glenpark Harriers Colours: Sky Blue with Royal Blue and Gold Hoops
125 Duncan McNeil (55) 126 Daniel McLaughlin (40) 127 Richard Hodelet (55)

128 Ernest Currie (40) 129 William Jukes (45)

Haddington East Lothian Pacemakers Colours: Red and White Halves
130 Paddy McDonald (45) 131 James Baird (40) 132 Mure Dickie (40)

133 George Armstrong (60) 134 Alexander Wallace (45)

Hunters Bog Trotters Colours: Brown
135 Robin Thomas (40) 136 Richard Wall (45) 137 Colin Farquharson (40) 138 Eric Scott (50)

139 Geoff Simpson (40) 140 Roderick Elliott (40) 141 Craig Hunter (40)

142 William Blair (40) 143 Jim Farquhar (40) 144 Jackie Foster (65)

145 Mark Thomas (40) 146 Jim Thyne (40) 147 Graham Macready (40) 148 John McKay (40)

149 Geoff Mitchell (40) 150 Ian Kiltie (45)

Inverclyde AC Colours: Black & White Stripes
151 Gerard Gaffney (40) 152 A Gallacher (60) 153 Archie Galbraith (50) 154 Stuart Hodge (40)

155 Ian MacDonald (45) 156 Tom Tracey (45)

Irvine AC Colours: Red with Black Trim
157 James White (45) 158 Mike Flinn (45) 159 Alexander Mc Latchie (45)

160 Brian Craig (40) 161 Ashley Sneddon (45) 162 Andrew Rennie (50) 163 Colin Miller (40)

164 Jim Stevenson (40) 165 Ian Mc Manus (55) 166 Jim Morton (40)

167 William Dale (50)

Johnnie Walker Kilmarnock Harriers Colours: Royal Blue with 2 White Stripes
168 Graham Cairns (40) 169 John Gebbie (50) 170 Ian Drummond (45)

171 John M Gemmell (40)

Kilbarchan AAC Colours: Gold with Black Hoop
172 Thomas Anderson (40) 173 Jim Bennett (40) 174 Drew Burgess (40)

175 Michael McGinley (40) 176 John McInnes (45) 177 James Mcmillan (55) 178 Dave Mewse (45)

179 Donald Petrie (40) 180 Stuart Russell (40)

Kirkintilloch Olympians Colours: Sky Blue with White and Black Hoops
181 Iain Campbell (45)

Kwik Fit Corstorphine AAC Colours: White with Black Trim
182 Rupert Jones (50) 183 Paul O'Brien (40) 184 Craig Smith (40)

185 Stuart Bowman (40)

Law & District AAC Colours: Amber with 2 Red Bands and 1 White Band
186 Patrick Kelly (50) 187 William Drysdale (60) 188 John Gourlay (50)

189 James Rowley (50)

Livingston & District AAC Colours: Yellow with Green Stripe
190 Alec Agnew (45) 191 Drew Santry (40) 192 Christopher Northam (45)

193 Stephen Dempsey (45) 194 Stuart Logan (40) 195 Ian Seggie (50) 196 Ian Leggett (60)

MacDonald's Carnegie Harriers Colours: Orange and Green
197 Ian Stewart (40) 198 Alexander Nicol (55)

Metro Aberdeen RC Colours: Black/Yellow Quarters
199 Kevin Brooks (40) 200 Peter Jennings (40) 201 Mark Johnston (40)

202 Jackie Stewart (45) 203 Robert Taylor (40) 204 Keith Varney (40)

205 Colin Youngson (50)

Mizuno Racing Club Colours: Purple
206 Brian Kirkwood (45) 207 Alan Robson (40)

Moray Road Runners Colours: Dayglow yellow with Black Trim
208 David Stewart (50)

Nithsdale AC Colours: Jade Green/Black/White
209 William Mackintosh (45)

Penicuik Harriers Colours: Purple with White Panels
210 David Cairns (50) 211 Colin Graham (45) 212 Michael Browne (50)

Pieroy Hamilton H Colours: White with Red Facings
213 Brian Campbell (55) 214 Peter Longworth (45) 215 John Berry (40)

216 Brian Hughes (40) 217 Ross Bickerstaff (40) 218 William Hamill (65)

219 Hugh Gibson (65) 220 Andrew McLinden (45)

Ron Hill Cambuslang Harriers Colours: Red with White Band
221 Robert Anderson (50) 222 Edward Burns (65) 223 Frederick Connor (45)

224 Colin Donnelly (40) 225 David Dymond (40) 226 David Fairweather (55) 227 Ian Gordon (50)

228 Bernard Gough (45) 229 Douglas Henderson (50) 230 Francis Hurley (45)

231 Archie Jenkins (45) 232 William Marshall (70+) 233 Charles McDougall (50) 234 Peter Ogden (45)

235 Jim Quinn (45) 236 Gerald Reid (40) 237 Edward Stewart (40)

238 Andrew Hughes (50)

Shettleston Harriers Colours: Blue with Yellow Band
239 Peter Carton (45)

Springburn Harriers Colours: Navy Blue with White Diamond
240 Thomas O'Reilly (65)

Teviotdale Harriers Colours: White with Maroon Band
241 Nichol Maltman (40) 242 James Knox (50) 243 James Pittillo (65)

244 Francis Cannon (50) 245 Keith Elliot (40)

Troon Tortoises AC Colours: Yellow with 2 Black Half hoops
246 George McGregor (50) 247 Charles Martin (40) 248 Owen Light (65)

249 William Spark (60) 250 Vincent Daly (55)

Victoria Park AAC Colours: Blue and White Hoops
251 Kevin Forster (40) 252 Peter McGregor (50) 253 Angus Clark (40)

254 Joseph Doyle (45)

Westerlands CCC Colours: Yellow with Black "W" on Back
255 Antony Ritchie (50) 256 Peter Baxter (40) 257 Archibald Cameron (45)

258 Gibson Fleming (55) 259 Gordon Robinson (50)

Unattached
260 James Irvine (65) 261 Arnott Kidd (65) 262 Euan Mackay (40) 263 Colin Lane (60)

264 Mark Turnbull (40)

Results from today's race will be available on the Internet shortly after the event at:

<http://www.runningresults.freemove.co.uk/>

M40
 1972 W.Stoddart (Greenock Wellpark H.)
 1973 W.Stoddart (Greenock Wellpark H.)
 1974 C.McAlinden (Paisley H.)
 1975 C.McAlinden (Paisley H.)
 1976 C.McAlinden (Paisley H.)
 1977 W.Stoddart (Greenock Wellpark H.)
 1978 W.Stoddart (Greenock Wellpark H.)
 1979 W.Stoddart (Greenock Wellpark H.)
 1980 D.McGregor (Fife AC)
 1981 M.Craven (Edinburgh Southern H.)
 1982 A.Brown (Clyde Valley AC)
 1983 D.McGregor (Fife AC)
 1984 R.Hodelet (Greenock Glenpark H.)
 1985 R.Hodelet (Greenock Glenpark H.)
 1986 B.Scobie (Maryhill H.)
 1987 B.Scobie (Maryhill H.)
 1988 C.Youngson (Aberdeen AAC)
 1989 C.Youngson (Aberdeen AAC)
 1990 G.Meredith (Victoria Park AAC)
 1991 I.Elliot (Teviotdale H.)
 1992 I.Elliot (Teviotdale H.)
 1993 B.Kirkwood (Racing Club Edinburgh)
 1994 B.Kirkwood (Racing Club Edinburgh)
 1995 B.Kirkwood (Leslie Deans Racing Club)
 1996 B.Kirkwood (Leslie Deans Racing Club)
 1997 F.Clyne (Metro Aberdeen RC)
 1998 E.Stewart (Ron Hill Cambuslang H.)
 1999 K.Varney (Metro Aberdeen RC)
 M45
 1989 A.Adams (Dumbarton AAC)
 1990 A.Adams (Dumbarton AAC)
 1991 A.Adams (Dumbarton AAC)
 1992 A.Adams (Dumbarton AAC)
 1993 C.Youngson (Aberdeen AAC)
 1994 B.Emmerson (Teviotdale H.)
 1995 B.Emmerson (Teviotdale H.)
 1996 G.Sim (Moray Road Runners)
 1997 B.Emmerson (Teviotdale H.)
 1998 B.Kirkwood (Mizuno RC)
 1999 B.Kirkwood (Mizuno RC)
 M50
 1972 A.Forbes (Victoria Park AAC)
 1973 W.J. Ross (Garscube H.)
 1974 G.Martin (Springburn H.)
 1975 T.Harrison Maryhill H.)
 1976 C.O'Boyle (Clydesdale H.)
 1977 R.Kane (Victoria Park AAC)
 1978 W.Marshall (Clyde Valley H.)
 1979 H.Mitchell (Shettleston H.)
 1980 W.Marshall (Motherwell YMCA)
 1981 W.Marshall (Motherwell YMCA)
 1982 W.Stoddart (Greenock Wellpark H.)
 1983 A.Wood (Aberdeen AAC)
 1984 W.Stoddart (Greenock Wellpark H.)
 1985 W.Stoddart (Greenock Wellpark H.)
 1986 W.Stoddart (Greenock Wellpark H.)
 1987 J.Irvine (Bellahouston H.)
 1988 W.Stoddart (Greenock Wellpark H.)
 1989 J.Maitland (Lochaber AC)
 1990 J.Linaker (Pitreavie AAC)
 1991 D.McGregor (Fife AC)
 1992 G.Armstrong (Haddington ELP)
 1993 D.McGregor (Fife AC)
 1994 A.Adams (Dumbarton AAC)
 1995 A.Adams (Dumbarton AAC)

M60
 1972 J.E.Farrell (Maryhill H.)
 1973 H.Smith (Maryhill H.)
 1974 J.E.Farrell (Maryhill H.)
 1975 G.Porteous (Maryhill H.)
 1976 G.Porteous (Maryhill H.)
 1977 G.Porteous (Maryhill H.)
 1978 A.Forbes (Victoria Park AAC)
 1979 J.E.Farrell (Maryhill H.)
 1980 A.Forbes (Victoria Park AAC)
 1981 D.Morrison (Shettleston H.)
 1982 G.Porteous (Maryhill H.)
 1983 J.Clark (Clyde Valley AC)
 1984 J.Kelly (Shettleston H.)
 1985 J.Clark (Clyde Valley AC)
 1986 M.Scott (Haddington ELP)
 1987 W.Temple (Unattached)
 1988 W.Marshall (Motherwell YMCA)
 1989 W.Marshall (Motherwell YMCA)
 1990 W.Marshall (Motherwell YMCA)
 1991 W.Marshall (Motherwell YMCA)
 1992 W.Stoddart (Greenock Wellpark H.)
 1993 A.Brown (Law & District AAC)
 1994 A.Brown (Law & District AAC)
 1995 B.Gauld (Carnethy HRC)
 1996 T.O'Reilly (Springburn H.)
 1997 T.O'Reilly (Springburn H.)
 1998 J.Maitland (Lochaber AC)
 1999 B.Waldie (Carnethy HRC)
 M65
 1989 T.Harrison (Maryhill H.)
 1991 H.McGinley (Falkirk Victoria H.)
 1992 W.Gillespie (Falkirk Victoria H.)
 1993 W.Marshall (Scottish Veteran H.)
 1994 W.Marshall (Cambuslang H.)
 1995 W.Marshall (Cambuslang H.)
 1996 W.Marshall (Cambuslang H.)
 1997 W.McBrinn (Shettleston H.)
 1998 B.McFall (City of Edinburgh AC)
 1999 B.McFall (City of Edinburgh AC)
 M70
 1991 T.Harrison Maryhill H.)
 1992 T.Harrison Maryhill H.)
 M75
 1989 D.Morrison (Shettleston H.)
 1992 G.Porteous (Maryhill H.)

TEAMS

1972 Greenock Wellpark H.
 1973 Springburn H.
 1974 Springburn H.
 1975 Springburn H.
 1976 Springburn H.
 1977 Edinburgh AC
 1978 Springburn H.
 1979 Edinburgh Southern H.
 1980 Edinburgh Southern H.
 1981 Clyde Valley AC
 1982 Clyde Valley AC
 1983 Edinburgh Southern H.
 1984 Shettleston H.
 1985 Shettleston H.
 1986 Pitreavie AAC
 1987 Pitreavie AAC
 1988 Aberdeen AAC

1996 A.Duncan (BT Pitreavie AAC)
 1997 D.Gemmell (Clydesdale H.)
 1998 C.Youngson (Metro Aberdeen RC)
 1999 C.Youngson (Metro Aberdeen RC)
 M55
 1989 H.Gibson (Hamilton H.)
 1990 H.Rankin (JW Kilmarnock AC)
 1991 W.Gauld (Carnethy HRC)
 1992 H.Rankin (JW Kilmarnock AC)
 1993 W.Gauld (Carnethy HRC)
 1994 H.Morrison (Edinburgh AC)
 1995 J.Linaker (BT Pitreavie AAC)
 1996 J.Linaker (BT Pitreavie AAC)
 1997 J.Linaker (BT Pitreavie AAC)
 1998 P.Cartwright (Falkirk VH)
 1999 G.Fleming (Westerland CCC)

1989 Aberdeen AAC
 1990 Aberdeen AAC
 1991 Teviotdale H
 1992 Aberdeen AAC
 1993 Teviotdale H
 1994 Teviotdale H
 1995 Dumbarton AAC
 1996 Cambuslang H.
 1997 Cambuslang H
 1998 Ron Hill Cambuslang H.
 1999 Ron Hill Cambuslang H

PREVIOUS WOMEN VETERAN CHAMPIONS

W35
 1993 S.Branney (City of Glasgow)
 1994 T.Thomson (BT Pitreavie AAC)
 1995 T.Thomson (BT Pitreavie AAC)
 1996 S.Armitage (Aberdeen AAC)
 1997 T.Thomson (BT Pitreavie AAC)
 1998 L.Harding (Shettleston Ladies)
 1999 E. McBrinn (Shettleston Ladies)
 W40
 1993 J.Stevenson (Falkirk Victoria H.)
 1994 J.Stevenson (Falkirk Victoria H.)
 1995 G.Hanlon (Dundee Hawkhill H.)
 1996 L. McGarry (Irvine AC)
 1997 J.Waterhouse (Central AC)
 1998 S.Branney (City of Glasgow)
 1999 T.Thomson (Pitreavie AAC)

W50
 1993 S.Roger (Dundee Roadrunners)
 1994 J.Phillips (Lasswade AC)
 1995 J.Byng (Irvine AC)
 1997 J.Byng (Irvine AC)
 1998 P.Lemoncello (Fife AC)
 1999 P.Lemoncello (Fife AC)
 W55
 1993 M.Moore (Kilbarchan AAC)
 1994 M.Moore (Kilbarchan AAC)
 1995 M.Moore (Kilbarchan AAC)
 1996 M.Gallacher (Maryhill H.)

W45
 1993 M.Robertson (Dundee Roadrunners)
 1994 P.Lemoncello (Fife AC)
 1995 M.Robertson (Dundee Road Runners)
 1996 J.Stevenson (Falkirk Victoria H.)
 1997 J.Stevenson (Falkirk Victoria H.)
 1998 D.Monteith (Loudoun Runners)
 1999 J.Waterhouse (Central AC)

TEAMS

1993 Fife AC
 1994 Fife AC
 1995 Livingston & D AAC
 1996 Aberdeen AAC
 1997 B Pitreavie AAC
 1998 Shettleston Ladies
 1999 Shettleston Ladies

NATIONAL VETERAN'S CHAMPIONSHIP VENUES

2000 CUMNOCK
 1999 HAWICK
 1998 TROON
 1997 EDINBURGH
 1996 NEW ELGIN
 1995 HAWICK
 1994 TROON
 1993 ST ANDREWS
 1992 TROON
 1991 LINLITHGOW
 1990 DUMFRIES
 1989 ABERDEEN
 1988 CLYDEBANK
 1987 MUSSELBURGH
 1986 BISHOPBRIGGS